

Zika and Sex: Information for Pregnant Women Living in Areas with Zika



What we know

- ◆ Zika virus can be spread by a man with Zika to his sex partners.
- ◆ In known cases of likely sexual transmission, the men had Zika symptoms. But the virus can be spread before, during, and after men have symptoms.
- ◆ The virus can be present in semen longer than in blood.



What we don't know

- ◆ How long the virus can stay in the semen of men who have had Zika.
- ◆ If infected men who never have symptoms can have Zika virus in their semen.
- ◆ If infected men who never have symptoms can spread Zika virus through sex.
- ◆ If a woman can spread Zika virus to her sex partners.

What you should know about Zika and sex

Because of the link between Zika and birth defects,
take steps to prevent infection during your pregnancy.

If you have vaginal, anal, or oral (mouth-to-penis) sex, use a condom the right way every time during your partners pregnancy.

OR

Don't have sex with your male partner during your pregnancy.

If you think your male partner may have or had Zika, tell your healthcare provider

- ◆ If he has taken steps to prevent mosquito bites.
- ◆ If you had sex without a condom.

